

20.2

Yoga class



I like yoga class because you can learn new poses. My favorite pose is the Heron ^{one} and the three legged dog. We also did some other pose like the ice pose and the hand stand. There's also Shark stick. There is more pose that we did. I enjoyed ^{enjoyed} having our own little mats. I like yoga because you can too relax. I hope I can do yoga again.

